

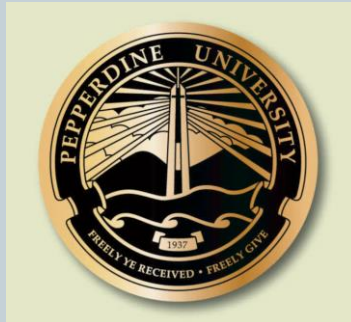
# PRYDE

## Juvenile Diversion Program for the Orange County Sheriff's Department



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PROGRAM DIRECTOR**

**PEPPERDINE UNIVERSITY  
GRADUATE SCHOOL OF EDUCATION AND  
PSYCHOLOGY, IRVINE CAMPUS**



# Background



## Pepperdine Resource, Youth Diversion and Education

- Pepperdine University Graduate School of Education and Psychology
- Provide juvenile diversion counseling, classes and case management services for contract cities and unincorporated areas of Orange County
- Contracted continuously with OCSD since 2001
  - ✦ To date PRYDE has managed over 17,000 cases
  - ✦ Majority cases OCSD but also serve School Districts, Community Agencies and Parents
- PRYDE Web Site: <http://gsep.pepperdine.edu/pryde/>

# Juvenile Diversion Process



# Why Is Youth Diversion Important?



- **Reduce Recidivism**
  - Juvenile diversion has been shown to reduce recidivism
    - ✦ PRYDE's recidivism rates have been below reference rates
- **Goal of Juvenile Justice is Rehabilitation**
  - Evaluation, case planning, treatment and outcome evaluation
  - Behavior disorders, antisocial behavior and substance use
- **Reduce Costs (both short and long term)**
  - Reduce Juvenile Court and Probation involvement
  - Pepperdine University Graduate School as partner
    - ✦ Highly trained/experienced mental health staff and graduate students
- **Prevention and Early Intervention**
  - Identify youth at risk in the community
  - Provide no cost services for youth and their families
    - ✦ Assessment, counseling, outside referrals and advocacy
    - ✦ Critical for those families without insurance

# Early Intervention Is Important



## Areas of Serious Concern for Youth Today

- **Violence and victimization**
  - Bullying, criminal threats, school shootings
  - Self-harm (cutting, etc.)
  - Suicide rates have increased over 50% during the last decade, now younger victims
  - Influence of the media and use of social media increasing risk for youth today
- **Substance use and dependency**
  - Increased youth vaping (nicotine, THC), marijuana, edibles
    - ✦ Harder to detect in the schools
    - ✦ Addiction and overdose becoming a real problem for THC
  - Opioid epidemic
- **School Failure / School drop out**
  - Truancy / School Refusal
  - Accommodation for school failure
  - Alternative Education
- **Untreated or undertreated mental illness**
  - Late adolescence is when serious mental illnesses starts to emerge
  - Access to quality care even with insurance remains limited

# Pathways to Youth Criminal Behavior



## Peers, School and Community Characteristics

Criminal  
subculture

Deviant Peer  
Influences

Favorable  
attitudes toward  
antisocial  
behavior

Dropout

Low School  
Achievement

## Family / Parenting Characteristics

Low Warmth,  
high conflict  
Parenting,  
Psychopathology

Substance use,  
Chaotic  
environment

## Individual Youth Characteristics

Low IQ, Temperament &  
Attitudes  
Substance Abuse/Dependence

Psychiatric Pathology

# Comprehensive Multi-modal Treatment



## Peers, School and Community Characteristics

Mentoring

Enforce probation

Communicate with Law Enforcement and Courts

Consult with teachers/ school

## Family / Parenting Characteristics

Behavioral Parent Training

Family Counseling

Parent Counseling

Aid family with resources

## Individual Youth Characteristics

Individual Therapy  
Drug/Alcohol Treatment  
Education

Medication  
Medication Compliance  
Counseling/Education  
Psychotherapy/Counseling

# Comprehensive Multi-Modal Treatment Model



**Community Assets:**  
Community Service, Sports  
Extracurricular Activities  
Employment

Big Brothers/Sisters  
Individual Counseling\*

**Close case unsuccessful\***

Communicate with  
Deputies, Investigators  
Probation Officers\*

**School Involvement:**  
Advocate for Special Education  
evaluation when indicated\*,  
attend IEP meetings\*,  
Set Grade, Attendance  
Requirements\*  
Tutoring, HW Time

**Client/Parent Progress Meetings\***

**Parent Education:**  
Parent Project,  
Parent Counseling\*

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Family / Parenting Characteristics

Behavioral  
Parent Training  
Family  
Counseling  
Parent  
Counseling

Aid family with  
resources

Individual Youth Characteristics

Individual Therapy  
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Education

Medication  
Medication Compliance  
Counseling/Education  
Psychotherapy/Counseling

**Client Advocacy\***

**Parent Counseling\***

**Family Counseling\***

**Legal Awareness:**  
Decisions, Essays,  
Community Service  
Restitution

**Individual Counseling\*:**

Evidence-based treatment methods -  
Acceptance and Commitment Therapy as  
framework for integrating other theories  
(MI, Client-Centered, Cognitive Therapy,  
Psychodynamic, Behavioral, Existential,  
Attachment, Family Systems, Narrative)  
Career Assessment and Counseling  
Note: Refer out for treatment as needed

**Psychiatric Evaluation:**

Medication Evaluation, physical exam,  
Hospitalization, long term residential

Psycho-education on Dx and Medications\*

**Drug/Alcohol Education:**

Science of Addiction\*, JADE Class  
Drug/Alcohol Counseling\*  
Outpatient Treatment Evaluation  
Outpatient Treatment  
Intensive Outpatient Treatment  
Inpatient Treatment  
Therapeutic Residential Long Term

\* Direct services provided



# PRYDE Process: What We Do



- Accept referrals from OCSD, SMART, Schools, School Districts, Parents and Community Agencies.
  - Contact the families, explain the program and schedule the intake
- Comprehensive individualized Intake Assessment
  - 2 Hour psychosocial evaluation with youth and their family
  - Establish Requirements (i.e. assigned treatment plan)
    - ✦ Counseling, drug/alcohol classes/treatment, community service
- Provide individual, parent and family counseling, drug and alcohol prevention classes and case management
  - No charge for any of our direct services to the youth
  - Referrals to outside agencies based on our choice of who best serves the youth and their families – sliding scales and scholarships available
  - Monitor and report case progress/status to referring agency

# Success/ Recidivism / Prevention Data

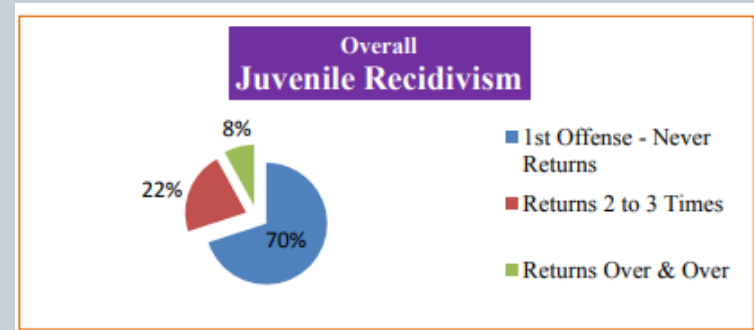


- Historically 80-85% of youth complete PRYDE (OCSD) successfully

- Recidivism for PRYDE - new law violations (2017-2018, source: OC Probation)

- 9% for 12 months after completion

- ✦ 6% within 6 months
- ✦ 3% 6-12 months



Juvenile Offenders and Recidivism: Orange County Solutions  
2013-2014 Orange County Grand Jury

- Prevention: Difficult to assess but youth referred to PRYDE informally between 7/1/2015 and 7/1/2016 without a law violation...

Only 2% of those that participated in PRYDE resulted with an OCSD referral for a law violation during the 2 year (approximate) period from 7/1/2015 - 6/2/2017 Verses..

6% of those that did **not** participate in PRYDE (same periods)

# PRYDE Organization: Who We Are



- **Kenneth Woog, PsyD, MBA (2002-)**
  - Program Director
  - Clinical Psychologist, Clinical Supervisor
- **Olga Cervantes, PsyD (2005-)**
  - Clinical Psychologist / LMFT, Clinical Supervisor
- **Lucinda Wilson, LMFT (2001-)**
  - Clinical Supervisor
- **Clara Lee, LMFT (2014-)**
- **2-3 Administrative Diversion Specialists**
  - Administrative support
- **10-15 Diversion Specialists**
  - MFT Associates, psychology intern counselors working out of offices and schools throughout the county:
    - ✦ Lake Forest, Mission Viejo (THHS, Silverado HS), San Clemente/San Juan Capistrano( SJHills HS), Placentia Yorba Linda School District
  - Bilingual, bicultural (Spanish, Farsi, Korean)

