



# ACADEMIC CONFERENCE

## 2016 Academic Conference Schedule

**Thursday  
March 17**

8 – 8:45 a.m.

Registration

Location: Bunker Hill Foyer - 2nd Floor Lobby

8:45 – 9:00 a.m.

Dean's Welcome

Location: Bunker Hill

*Helen Easterling Williams, EdD, Dean and Professor of Education, Pepperdine University Graduate School of Education and Psychology*

9:00 – 10:30 a.m.

Plenary Session

Location: Bunker Hill

“Global Perspectives on Women's Leadership” - *Angella Nazarian, Co-Founder and President, Visionary Women*

Today more than ever, women are breaking boundaries in all areas of society. We can fill an entire library with data on the power of resourcing their potential. What are some of the threads or traits of visionary women leaders? History proves that success has no gender, race, social class, or economic status. Ms. Nazarian's decade-long research on leadership shows common threads that appear in the lives of successful leaders everywhere. Her presentation is packed with case studies of some of the most dynamic women leaders of our time, and highlights their career trajectories.

10:30 – 10:45 a.m.

Angella Nazarian Book signing & Break

10:45 – 12:15 p.m.

Concurrent Session 1

<b>Option A</b>	<b>Location: Bunker Hill</b>	
A Values-Driven Compass: An Exploration of Life Roles and Career Decision-Making	Yas Hardaway, Executive Director of Career Services & Adjunct Faculty, Pepperdine Graduate School of Education and Psychology  Adriana Estrada, Director of	Grounded in Career Lifespan Theory, Social Cognitive Career Theory, and Career Construction Theory, participants will prioritize their values in light of their current career and life roles. A life roles assessment and values card sort will be used as tools to clarify how values-based career decision-making can significantly calibrate



	<p>Academic &amp; Employer Partnerships &amp; Adjunct Faculty, Pepperdine Graduate School of Education and Psychology</p> <p>Brandi Donaldson, Manager of Career Counseling for Psychology, Pepperdine Graduate School of Education and Psychology</p>	<p>our internal compass, strengthen our identity and empower our life roles. Opportunities for group discussion will also be provided to facilitate cross-cultural learning and peer-to-peer mentoring. Participants will leave with resources for ongoing self-assessment and reflection.</p>
<b>Option B</b>	<b>Location Museum A</b>	
<p>Challenges of African-American Women Executives in Greater Los Angeles</p>	<p>Lysa Liggins, Doctoral Candidate in Organizational Leadership, Graduate School of Education and Psychology; and Regional Learning Consultant, Kaiser Permanente</p> <p>Diana B. Hiatt-Michael, Emeritus Professor of Education, Pepperdine University</p>	<p>As a means to examine challenges that African-American women face as they advance in the workforce as managers, a local study of African-American executives was undertaken. This presentation will focus on the findings to three research questions and paint a verbal picture of the life of female leadership from the African-American perspective. Participants that are not African-American will be encouraged to note any similarities and differences that they perceive between the findings from these 43 leaders and their own lives as female leaders.</p>
<p>Stress Management: Incorporating Self Care Practices Using the Mind- Body-Spirit Connection</p>	<p>Gimel Rogers, M.A., Clinical Doctoral Student at Pepperdine University</p> <p>Erin Haywood, Graduate Counseling Student at Loyola Marymount University</p>	<p>Literature has emphasized the importance of incorporating self-care practices to mediate stress and maintain a healthy identity in the midst of balancing daily demands. Recently, literature has explored achieving wellness and wholeness through the mind-body-spirit connection. This presentation will review such literature and provide techniques for achieving balance.</p>
<b>Option C</b>	<b>Location: Museum B</b>	
<p>Integration of Spirituality in the Workplace</p>	<p>Gail P. Riley, LMFT, PsyD, President, Integrity Ministries; Associate Pastor, Living The Word Church</p>	<p>To achieve work-life balance we must recognize that we are tripartite beings; therefore, we need to nurture and express all aspects of our being in everyday life and in the workplace. We nurture/express our minds (souls) through academic stimuli; we nurture/express our bodies through exercise and proper dieting but many of us are unaware of the need to nurture/express our spirituality. These issues are addressed in this presentation.</p>
<p>Mother and Mental Labor: A Focus Group</p>	<p>Lindsey G. Robertson, Doctoral Student, PhD in Clinical</p>	<p>This Presentation describes findings from a phenomenological study of "mental labor," a new</p>



<p>Study of Thinking Work in Parenting and Household Management</p>	<p>Psychology, Rosemead School of Psychology, Biola University</p> <p>Tamara Anderson, Clinical Psychologist, Associate Dean of Graduate Students, Rosemead School of Psychology, Biola University</p> <p>Elizabeth Lewis Hall, Associate Professor of Psychology, Rosemead School of Psychology, Biola University</p>	<p>construct in the work and family literature that refers to thinking activities involved in family care (e.g., planning, scheduling, monitoring, problem solving, anticipating, decision making, etc.). Implications for research on gendered division of labor and clinical practice with mothers are discussed.</p>
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12:15 – 12:30 p.m.

**Break**

12:30 – 2:00 p.m.

Plenary Session and Luncheon and Elevation Award Presentation

Location: Watercourt

**The Elevation Award - Michelle Patterson, CEO, Women Network & California Women's Conference**

"The Status of Women around the Globe" - *Margaret J. Weber, PhD, Senior Fellow, Institute for Global Engagement, Center for Women, Faith and Leadership; and Dean Emeritus, Graduate School of Education and Psychology, Pepperdine University*

Women leaders effectively serve their communities and their countries through a commitment to a better world for their children and the children of their neighbors. Stories that share how women facing adversary within their political, religious, social, and economic structures form organizations and work for peace in inner and intra-faith communities will be shared. The resiliency of women is a powerful story for each of us.

2:15 – 3:45 p.m.

Concurrent Session 2

<b>Option A</b>	<b>Location: Bunker Hill</b>	
<p>Women's Perceptions of Leadership</p>	<p>Bernice Ledbetter, EdD, Faculty, Graziadio School of Business and Management and Director, Pepperdine Center for Women in Leadership, Pepperdine University</p> <p>Star Garcia, Regional Leasing / Marketing Administrative Assistant</p>	<p>This panel seeks to advance ideas related to the particularity of leadership for women by addressing the question, "How do women perceive leadership?" Four presenters will offer perspectives on women's perceptions of leadership, focusing on the practice of exemplary and ethical leadership, the leadership skill of negotiation, and the role of corporate leadership</p>



	<p>at Macerich</p> <p>Mary Tabata, Assistant Director, MSOD Learning &amp; Operations, Graziadio School of Business and Management</p> <p>Sydney Davis, Director, Global Diversity &amp; Inclusion, Anschutz Entertainment Group</p>	<p>in a global context; findings are presented from international and diverse women students, managers, and leaders.</p>
<b>Option B</b>	<b>Location: Museum A</b>	
<p>The Evolution of Global Leadership and Tools for Success</p>	<p>Kerri Heath, EdD, Assistant Vice Chancellor, Pepperdine Graduate School of Education and Psychology</p> <p>Lene Martin, EdD, Communications Consultant, Amgen</p>	<p>The requirements for leadership have vastly changed due to globalization and technology. A new set of competencies are required by leaders who want to influence on a global scale. This presentation will explore the frameworks of emotional intelligence (EQ), cultural intelligence (CQ), moral intelligence (MQ), digital intelligence (DQ), and global intelligence (GQ), as well as an understanding of their application in successful leadership and the modern workplace.</p>
<p>The Work-Life Balance of Female Adjunct Faculty at Southern California Community Colleges</p>	<p>Jennifer Triplett, Adjunct English Instructor, Santa Monica College, El Camino College, and El Camino College Compton Center</p>	<p>This study examines the work-life balance of female adjunct instructors working at the community college level and utilizes the work-life balance theory to help understand the identity, relational style, motivation and drive, and adaptive style and strategies for these women. Community colleges are an area where over 70% of faculty are adjuncts, and over 52% of these adjuncts are women. However, there is a significant lack of research regarding these women and their experiences.</p>
<b>Option C</b>	<b>Location: Museum B</b>	
<p>Women and Budget Negotiations – Step Forward and Find Your Place at the Finance Table</p>	<p>Jody Semerau, Executive Director of Academic Finance, Pepperdine University</p>	<p>Women are paid less in leadership positions because they do not know how to "ask for it." In order to be successful in requesting a promotion or receiving institutional funding for proposals, awareness of financial stability is essential. Knowledge of budgets is important for making good financial decisions in personal lives and in professional environments. The presentation will summarize the principal elements in submitting an effective budget and teach women how to negotiate using financial strategies, not emotions.</p>



Women are Called to be Peacemakers	Hughie J. Barnes, EdD, Mediator, Private Consultant, A.M.O.R.E. (A Ministry of Reconciliation)	Using case studies of women who have established themselves as peacemakers, we will explore where each of us can begin foundations of peace within our communities, and in the world at large. Let us abandon despair and choose active hope and create a more peaceful world.
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3:45 – 4:00 p.m.

Break

4:00 – 5:00 p.m.

Panel Presentation

Location: Bunker Hill

“In Their Own Voices: Women's Perspectives from Norway, Iran, India, and Nigeria” *Lene Martin, Global Communications Lead, Amgen Inc.*

*Maryam Rostami, EdD, community college instructor of Child Development*

*Linda Shahisaman, EdD, Vice President, Sr. Business Relationship Manager HSBC*

*Veronica Ufoegbune, EdD, Director of Early Education-Child Development at Alameda Unified School District*

5:00 – 7:00 p.m.

Location: Bunker Hill Foyer

Networking and Vendor Expo

1. GSEP Recruitment
2. IRB
3. Follett Bookstore
4. The ABC Coach
5. MBA Women LA
6. The Women's Network/CA Women's Conference
7. Words of Hope
8. Artisan Hands
9. intuALIGN
10. Rock Goddess Jewellery
11. YAS Fitness @ The Olympic

**Friday**

**March 18**

8:00 – 9:00 a.m.

Breakfast and Networking

Location: Bunker Hill

9:00 – 10:00 a.m.

Plenary Session

Location: Bunker Hill



“Cloister Envy: Living with Expanded Reality” - Mr. Hung Le, Associate Vice President and University Registrar, Pepperdine University

Essential outcomes of education include the broadening of the mind, strengthening of the heart, and sensitizing of the spirit. Effective learning includes opportunities for us to engage the world, be involved with its challenges, and revel in its possibilities. In so doing, we expand the boundaries of our reality and use our gifts, fueled by our passion, to meet the needs of a hurting world and to make life more abundant.

Break

10:00 – 10:15 a.m.

### Concurrent Session 3

10:15 – 11:45 a.m.

Option A	Location: Bunker Hill	
You Made It! Navigating the Borders of Classism and Women's Personal and Professional Identities	Carrie Castañeda-Sound, PhD, Assistant Professor, Pepperdine Graduate School of Education and Psychology  Jem Powell, MA, Clinical Doctoral Student at Pepperdine Graduate School of Education and Psychology  Jessie Sanchez, MA, Graduate of Pepperdine University	The presenters will combine the theories of intersectionality and the Borderlands to deepen understandings of the "imposter syndrome" and address how classism influences the career development of female graduate students and early career professionals in the field of psychology. The presenters will also address how language, educational experiences, privilege, and transnational crossings between Mexico and the United States impact identity in home and work environments. Implications for research and practice in other fields will be discussed.
Stress, Resilience, and Healthy Women in the Workplace	Susette A. Moyers, BA, Master of Psychology Student, Pepperdine Graduate School of Education and Psychology  Natasha Thapar-Olmos, PhD., Assistant Professor of Psychology, Pepperdine Graduate School of Education and Psychology	Women in the workplace report more stress compared to men, and face unique stressors related to gender discrimination, work/life balance, and societal expectations. The first part of this presentation describes the nature and impact of stress on women in the workplace, using advances in health psychology. The second part draws from ecological theory and theories of resilience to present ways women can adapt, manage stress, and thrive in the workplace.
Option B	Location: Museum A	
Manage Work-Life Tension With Clear Communication	Esther C. Bleuel, Founder and President, Tough Talk Coach	Communication, the primary means of human connection, impacts every aspect of life. Balancing work-life tension requires equanimity, competence and the ability to interact effectively with others. Authentic relationships keep us grounded, and, since a





		relationship develops one interaction at a time, the quality of each conversation matters. Congruent words, actions, and non-verbal communication are essential to earn credibility and trust with others. Participants will gain essential skills for creating genuine interpersonal connections critical for managing challenges and achieving goals.
Surviving Abundance: How to Improve your Metabolic Health, Effectively Burn Fat for Fuel, and Save the Planet with your Fork and Knife	Bonnie Modugno, MS, RD, Nutrition Consultant, Author, and Speaker	Humans evolved to enhance survival by preferentially storing fat - a challenge for each of us navigating a food supply that is both abundant and adulterated. At the same time, we are confronted by a growing realization that how we grow food matters - to both our personal health and the health of our environment. We will discuss approaches to food that improve your metabolic health as you help save the planet.
The Global Economic Linkages of Women	Spencer Knight, Analyst, Commodities and Real Return, Pacific Investment Management Company (PIMCO)	Globally, women have a significant amount of unlocked economic surplus. In America, and several other civilizations over the last two thousand years, we have seen women entrepreneurs and leaders - who tend to be extremely motivated and have higher cognitive abilities - consistently strive for higher levels of success. These examples are meaningful and valid benchmarks for forecasting economic output in developing and under-developed economies trying to unlock higher levels of economic growth.
<b>Option C</b>	<b>Location: Museum B</b>	
Opportunities and Considerations for Providing Services to Individuals with Autism and Developmental Disabilities Internationally	<p>Paula Pompa-Craven, PsyD, Chief Clinical Officer, Easter Seals Southern California</p> <p>Kathleen Dengerink, MA, BCBA, Associate Regional Clinical Director, Easter Seals Southern California</p> <p>Lupe Trevizo-Reinoso, Vice President, Living Options, Easter Seals Southern California</p>	Easter Seals is a leading provider of services to individuals with autism and developmental disabilities at the local and national level. Providing services to individuals with autism and developmental disabilities on an international level requires consideration to cultural, adaptive, and individual differences. This panel presentation will overview the provision of services in three countries and the considerations that were taken to provide culturally and personally relevant consultation.



	Jacqueline Ganley, M.A., BCBA, Regional Vice President, Autism Services, Easter Seals Southern California	
Psychological Barriers to Work-Life Balance	Ilona Salmons, MA, IMF, Psychotherapist in Private Practice/Marriage & Family Therapist, Los Angeles Counseling Center	Women in leadership face unique challenges not experienced by their male counterparts. This presentation will explore the role that gender plays in creating psychological barriers to work-life balance, and will compare and contrast the experiences of professional women across the globe. Participants will be encouraged to examine their personal life stories to understand risk factors present in their lives. Participants will also learn successful strategies for attaining work-life balance.

11:45 am - Noon  
Break

Noon – 2:00 p.m.  
Closing Luncheon and Awards Presentations  
Location: Watercourt

The Janet Z. Giele Award - **Sheila Kuehl, Los Angeles County Supervisor, District 3**

The Mentor Award for Women in Leadership and Work-Life Balance - **Matt Toledo, CEO and Publisher, Los Angeles Business Journal**

Women's Ally Award - **Edna Powell - Chief Business Officer, Pepperdine University**