



PEPPERDINE UNIVERSITY  
Graduate School of Education and Psychology

# COASTAL

Children's Outreach: Advancing Social Transformation and Learning

## 5k/10k Walk/Run

Dockweiler Beach, California • Saturday, January 28, 2012



### INTRODUCTION:

Pepperdine University's 5k/10k Walk/Run and Kiddie K was established to enrich the lives of the children of Los Angeles, many of whom endure serious social, economic, and mental health challenges. These may inhibit the children from realizing their fullest potential and reaching a prosperous adulthood. Proceeds will aid Pepperdine programs that:

- Prepare K-12 teachers to serve urban areas and create social change
- Provide mental health care for children and families via our community clinics
- Offer care, shelter, and emotional resources to homeless children via partnerships with the Union Rescue Mission and Hope Gardens Family Center

### WHEN:

Saturday, January 28, 2012  
7:00 a.m. - Check-in  
8:00 a.m. - 5k  
8:30 a.m. - 10k  
9:45 a.m. - Kiddie K  
(Walkers, please start behind the runners.)

### WHERE:

Dockweiler State Beach. West end of Imperial Hwy at Vista del Mar (between Playa del Rey and El Segundo).

### REGISTRATION FORM

Name (please print): \_\_\_\_\_ Birth date: \_\_\_\_\_

5k  10k  Kiddie K \_\_\_\_\_ Gender:  M  F \_\_\_\_\_ Age: \_\_\_\_\_

Team: \_\_\_\_\_ T-shirt Size:  S  M  L  XL

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Email: \_\_\_\_\_

### RACE RELEASE (must be signed and submitted on or before registration)

I understand that my name and address will be released to Pepperdine University for marketing purposes. I know that participation in races is potentially hazardous activities. I should not enter and participate in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with participation including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, wave and release the COASTAL 5k/10k Walk/Run/Kiddie K, Dockweiler Beach, Pepperdine University, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the race and/or club activities even though liability may arise out of negligence or carelessness on the part of the person named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Participant Signature: \_\_\_\_\_

Guardian Signature (if under 18): \_\_\_\_\_

### MAIL TO:

Pepperdine University Graduate School of Education and Psychology  
6100 Center Drive, 5th Floor  
West Los Angeles, CA 90045  
Atten: COASTAL  
C/O Events

### Additional sponsors include:



### COURSE:

Walk or run along the ocean-side street of Vista Del Mar, to finish in the beach parking lot. The course is considered fast for a great personal record (PR).

### ENTRY FEE:

5k/10k Walk/Run Pre-registration: \$30; after 1/26 and day of: \$35  
Pepperdine student: \$20; after 1/26 and day of: \$25  
Kiddie K fun run (12 yrs and under. Strollers and wagons are welcome): \$15  
Fees include t-shirt and refreshments.

### AGE GROUPS:

Male and female: 12 & younger, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and above.

### PARKING:

Please carpool as beach parking rates will be in place.

### AWARDS:

1. Fastest of age group 1st, 2nd, 3rd (men's and women's)
2. Fastest 5k team
3. Fastest 10k team
4. Largest team
5. Most spirited team
6. All kiddie K participants

### AT THE EVENT:

This family friendly event takes place from 7 a.m. to noon and offers food, drinks, vendors, and activities. Don't miss this exciting opportunity to get involved with your community and improve future generations. Be a champion for the children of Los Angeles. Be a wave of change.

### REGISTER ONLINE AT:

[gsep.pepperdine.edu/coastal](http://gsep.pepperdine.edu/coastal)



### PACKET PICK-UP TIMES & LOCATIONS:

ROADRUNNER SPORTS - Torrance 25359 Crenshaw Boulevard Torrance, CA 90505 Saturday, January 21, 2012 11 a.m. - 6 p.m.	California Bank & Trust - Santa Monica 100 Wilshire Boulevard Santa Monica, CA 90401 Friday, January 27, 2012 Noon - 5:30 p.m.
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