



PEPPERDINE UNIVERSITY
Graduate School of Education and Psychology

COASTAL

Children's Outreach: Advancing Social Transformation and Learning

5k/10k Walk/Run

Dockweiler Beach, California • Saturday, January 29, 2011

Presenting Sponsor

Comerica Bank

INTRODUCTION:

Pepperdine University's 5k/10k Walk/Run and Kiddie K was established to enrich the lives of the children of Los Angeles, many of whom endure serious social, economic, and mental health challenges. These may inhibit the children from realizing their fullest potential and reaching a prosperous adulthood. Proceeds will aid Pepperdine programs that:

- Prepare K-12 teachers to serve urban areas and create social change
- Provide mental health care for children and families via our community clinics
- Offer care, shelter, and emotional resources to homeless children via partnerships with the Union Rescue Mission and Hope Gardens Family Center

WHEN:

Saturday, January 29, 2011
7:00 a.m. - Check-in
8:00 a.m. - 5k
8:30 a.m. - 10k
9:45 a.m. - Kiddie K
(Walkers, please start behind the runners.)

WHERE:

Dockweiler State Beach. West end of Imperial Hwy at Vista del Mar (between Playa del Rey and El Segundo).

Additional sponsors include:



COURSE:

Walk or run along the ocean-side street of Vista Del Mar, to finish in the beach parking lot. The course is considered fast for a great personal record (PR).

ENTRY FEE:

5k/10k Walk/Run Pre-registration: \$30; after 1/27 and day of: \$35
Kiddie K fun run (12 yrs and under. Strollers and wagons are welcome): \$15
Fees include t-shirt and refreshments.

AGE GROUPS:

Male and female: 12 & younger, 13-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and above.

PARKING:

Please carpool as beach parking rates will be in place.

AWARDS:

1. Fastest 5k team
 2. Fastest 10k team
 3. Fastest of age group 1st, 2nd, 3rd (men's and women's)
 4. Largest team
 5. Most spirited team
- And many more!

AT THE EVENT:

This family friendly event takes place from 8 a.m. to noon and offers food, drinks, vendors, and activities. Don't miss this exciting opportunity to get involved with your community and improve future generations. Be a champion for the children of Los Angeles. Be a wave of change.

REGISTER ONLINE AT:

gsep.pepperdine.edu/coastal



REGISTRATION FORM

Name (please print): _____ Birth date: _____

5k 10k Kiddie K

Gender: M F

Age: _____

Team: _____ T-shirt Size: S M L XL

Address: _____ City: _____ State: _____ Zip: _____

Contact Number: _____ Email: _____

RACE RELEASE (must be signed and submitted on or before registration)

I understand that my name and address will be released to Pepperdine University for marketing purposes. I know that participation in races is potentially hazardous activities. I should not enter and participate in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with participation including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, wave and release the COASTAL 5k/10k Walk/Run/Kiddie K, Dockweiler Beach, Pepperdine University, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the race and/or club activities even though liability may arise out of negligence or carelessness on the part of the person named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

Participant Signature: _____

Guardian Signature (if under 18): _____

MAIL TO:

Pepperdine University Graduate School of Education and Psychology
6100 Center Drive, 5th Floor
West Los Angeles, CA 90045
Attn: COASTAL
C/O Events

PACKET PICK-UP TIME & LOCATION:

ROADRUNNER SPORTS - Torrance
25359 Crenshaw Boulevard
Torrance, CA 90505
Friday, January 28, 2011
Noon - 7:00 p.m.

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