WLA PSYCHOLOGY PROFESSIONAL DEVELOPMENT
CLINICAL CONNECTIONS

Illuminating Relevant Clinical Issues
& Networking with Colleagues

Equine Assisted Psychotherapy:
Incorporating Nontraditional Methods into your Clinical Practice

EQUINE ASSISTED PSYCHOTHERAPY (EAP) IS A TYPE OF ANIMAL ASSISTED THERAPY THAT INCORPORATES HORSES INTO THE THERAPEUTIC PROCESS. THIS NONTRADITIONAL FORM OF THERAPY CAN BE A GREAT AVENUE FOR MANY CLIENTS STRUGGLING WITH A VARIETY OF ISSUES. THIS WORKSHOP WILL PROVIDE AN OVERVIEW OF WHAT EAP IS, HOW IT WORKS, AND HOW YOU CAN INTEGRATE THE IDEOLOGY BEHIND EAP INTO YOUR CLINICAL WORK.

Thursday, October 7th, 2010
1:30 pm-3:30 pm, 3rd Floor, Room 342
Networking Begins at 3:00 pm
Pepperdine University - West Los Angeles Graduate Campus
6100 Center Drive Los Angeles, CA 90045

Kim Young, MA, MFTI, EAGALA

Kim Young, MA, MFTI, EAGALA, is a Marriage and Family Therapist Intern and a certified equine specialist through EAGALA, Equine Assisted Growth and Learning Association. Kim received her Master's degree from Pepperdine University's Graduate School of Education & Psychology in 2008 and is currently a MFT Intern at New Beginnings Counseling Center in Camarillo. There she provides therapy for those struggling with issues such as eating disorders, trauma, anxiety, and depression. Her range of experience expands to an inpatient drug and alcohol center, a women's shelter dealing with domestic violence, a community counseling clinic, and children in elementary schools. Kim has an in-depth knowledge of the struggles specific to addictions and the twelve step principles. Her passion and long-term goal is to incorporate equine assisted psychotherapy into her work as a therapist.

Please RSVP to Sheila Sayani at Sheila.Sayani@pepperdine.edu or call (310) 568-5776

This is a FREE event

If you are unlicensed, you may be able to get hours towards licensure with your clinical supervisor's approval
This event is sponsored by Pepperdine's Clinical Training & Professional Development Office