



*Illuminating Relevant Clinical Issues  
& Networking with Colleagues*

## **HUNGRY TO BE SEEN: KEY SIGNS & SYMPTOMS TO RECOGNIZE IN EATING DISORDER CLIENTS**

Anorexia Nervosa has the highest mortality rate of all psychiatric illnesses, equivalent to the medical condition of cancer. In this presentation, you will learn the nuts-and-bolts of Anorexia Nervosa & associated eating disorders. Additionally, you will become familiar with Carolyn Costin's "The Thin Commandments" & "The Real Issues," treatment/levels of care, when to refer to an ED specialist, & eating disorder prevention.

**Thursday, April 5th, 2012**

**2:00 pm-4:00 pm, 3rd Floor Room 346**

*Networking Begins at 3:30 pm*

Pepperdine University - West Los Angeles Graduate Campus

6100 Center Drive Los Angeles, CA 90045



**Nadia Siswanto, MS, LMFT**

**Nadia Siswanto, LMFT**, is a Licensed Marriage & Family Therapist with a private practice in Woodland Hills. Nadia's practice is dedicated to children and women. She also enjoys working with eating disorders, anxiety, depression, life transitions, and spirituality. Nadia believes in the importance of living in the present moment and incorporates the practice of mindfulness into her work with clients. She utilizes creative therapies such as play therapy, sand-tray therapy, and art therapy to complement and deepen the healing and growth process. In addition to her private practice, Nadia works at Monte Nido Treatment Center, a residential facility specializing in the treatment of eating disorders. She is an active member of SFV- CAMFT, serving on the sponsorship committee and as the advertising liaison for the chapter's eNewsletter.

Please RSVP to Sheila Sayani at [Sheila.Sayani@pepperdine.edu](mailto:Sheila.Sayani@pepperdine.edu) or call (310) 568-5776

**This is a FREE event**

\*If you are unlicensed, you may be able to get hours towards licensure with your clinical supervisor's approval\*  
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