



*Illuminating Relevant Clinical Issues
& Networking with Colleagues*

WORKING WITH TRAUMA AND THE BODY

WE BECOME TRAUMATIZED WHEN OUR CAPACITY TO RESPOND TO A PERCEIVED THREAT IS IN SOME WAY OVERWHELMED. TRAUMA IMPAIRS OUR ABILITY TO CONNECT- TO OURSELVES, TO OUR BODIES, TO OTHERS, AND TO THE WORLD. IN THIS WORKSHOP, YOU WILL LEARN MORE ABOUT THE EFFECTS OF TRAUMA AND HOW TO ASSIST CLIENTS IN WORKING THROUGH THEIR TRAUMA AND THE BODY.

**Friday, June 22nd, 2012
11:30 am-1:30 pm, Room TBA**

Networking Begins at 1:00 pm

Pepperdine University - West Los Angeles Graduate Campus
6100 Center Drive Los Angeles, CA 90045



**Cristina Mardirossian,
MA, LMFT**

Cristina Mardirossian, MA, LMFT, is a licensed Marriage and Family Therapist in private practice in Pasadena. She earned a Master of Arts in Clinical Psychology from Pepperdine University, and a Bachelor of Arts in Psychology and Women's Studies from UC Santa Barbara. Cristina has a wide range of experience with a variety of populations and cultures. Her experience includes work with trauma (sexual, physical, emotional, etc), dissociation, depression, anxiety and grief & loss. Cristina is trained in a variety of techniques, interventions, and modules, including Trauma Based Cognitive-Behavioral Therapy and Eye Movement Desensitization and Reprocessing (EMDR). Cristina is a member of The California Association of Marriage and Family Therapists (CAMFT), Board Member of the San Gabriel Valley CAMFT Chapter, and Armenian American Mental Health Association (AAMHA).

Please RSVP to Sheila Sayani at Sheila.Sayani@pepperdine.edu or call (310) 568-5776

This is a FREE event

**If you are unlicensed, you may be able to get hours towards licensure with your clinical supervisor's approval*
This event is sponsored by Pepperdine's Clinical Training & Professional Development Office*