



*Illuminating Relevant Clinical Issues  
& Networking with Colleagues*

## **Couples Therapy: The First Session**

**In couples therapy, the first session sets the stage for your interaction with the couple and their interaction with one another. Not only does each person bring his/her history, but also their coming together creates a shared history. During this session, the couple tests whether you can be objective (versus taking sides) and can give them hope. In this workshop, we will learn how to begin therapy even before the first session.**

**Thursday, December 3rd, 2009  
2:00 pm-3:30 pm, 3rd Floor, Room 340**

*Networking Begins at 3:30 pm*

Pepperdine University - West Los Angeles Graduate Campus  
6100 Center Drive Los Angeles, CA 90045



**Dity Brunn, Psy.D.**

**Dity Brunn, Psy.D.** is an adjunct professor at Pepperdine University's GSEP. A clinical psychologist with diverse interests, Dr. Brunn holds a doctorate in clinical psychology from Pepperdine University as well as a masters in Marriage, Family, and Child Counseling (MFCC) from the University of Southern California. She has a special interest in couples' and relationship issues, interpersonal influences, and mind and body. Dr. Brunn is a licensed psychologist in New York (enabling her to conduct therapy via telephone with patients residing in New York) and in California.

She modified and extended the uses of an existing instrument to measure intimacy--Fear of Intimacy Scale-Revised (Brunn, 2000). Dr. Brunn completed two years of didactics at the Greenwich Institute for Psychoanalysis. She is bilingual and able to conduct therapy in Hebrew.

Please RSVP to Sheila Sayani at [Sheila.Sayani@pepperdine.edu](mailto:Sheila.Sayani@pepperdine.edu) or call (310) 568-5776

**This is a FREE event**

\*If you are unlicensed, you may be able to get hours towards licensure with your clinical supervisor's approval\*  
*This event is sponsored by Pepperdine's Clinical Training & Professional Development Office*