

**IGC PSYCHOLOGY PROFESSIONAL DEVELOPMENT
CLINICAL CONNECTIONS**



***Illuminating Relevant Clinical Issues
& Networking with Colleagues***

**WEAVING WIT INTO WISDOM:
THE INTEGRATION OF HUMOR INTO COGNITIVE BEHAVIORAL THERAPY**

We have all heard that “laughter is the best medicine.” Is there evidence to support this widely held claim? Learn facts and fiction about the health benefits of humor. Explore the research on the physiological benefits of laughter and learn how therapeutic humor changes cognitions and emotions resulting in improved health. Come see this integrative model that outlines the healing power of humor and learn strategies to increase your “humor quotient.” You will be able to explore the breadth, depth and function of humor in our society. Watch how humor in psychotherapy can be used for diagnosis and treatment. Get prepared to laugh!

**Friday, December 5th, 2008
7:00-9:00 PM, 3rd Floor, Room TBA
Networking Begins at 8:30 PM
Pepperdine University - Irvine Graduate Campus
18111 Von Karman Avenue, Suite 332, Irvine, CA. 92612**



Steve Sultanoff, Ph.D., is a licensed psychologist and therapeutic humor-ist. He maintains a private practice as a psychologist and consultant in Costa Mesa, California. He offers continuing education programs on Humor in Psychotherapy and Mental Health Supervision for health and mental health professionals throughout California and across the United States. He is an adjunct Professor in the Masters Program in Psychology at Pepperdine University. Steve appears nationally on PBS throughout the year demonstrating the Humanistic model of psychotherapy as part of an award winning television series on psychology. As a professional speaker, he has presented his unique perspective on therapeutic humor to national, state, and local conferences, as well as, to numerous organization and corporations. He is the former President of the Association for Applied and Therapeutic Humor.

If you are unlicensed, you may be able to get hours towards licensure with your clinical supervisor’s approval! This is a FREE event!

Please RSVP to Kathleen Wenger at psyprofdev@pepperdine.edu.

This event is sponsored by the IGC Clinical Training & Professional Development office.