

M.A. PSYCHOLOGY PROFESSIONAL DEVELOPMENT
CLINICAL CONNECTIONS



*Illuminating Relevant Clinical Issues
& Networking with Colleagues*

**DELIBERATE PRACTICE TRAINING: TRANSFORMING THEORY
INTO PRACTICE**

It is likely that you will graduate with perhaps 5-10 hours of actual practice in doing psychotherapy. Opportunities to receive immediate feedback and direct observation are limited. It has been suggested that it takes about 2000 hours of deliberate, experiential training combined with clinical experience to become minimally competent at implementing a theory and 10,000 hours of training and experience to become a master. All performance based activities require deliberate practice with observation and feedback in order for the learner to become proficient at the task. Experience in the absence of observation and immediate feedback generally results in the trainee/intern becoming "practiced" at ineffective and even harmful behaviors (one becomes proficient at bad habits).

This presentation will introduce you to the world of learning through deliberate practice training, so that you can excel and become a proficient therapist.

Friday, March 7, 2014
7:00-9:00 PM, 3rd Floor, Room 324/326
Networking Begins at 8:30 PM
Pepperdine University - Irvine Graduate Campus



Steven M. Sultanoff, Ph.D. is a psychologist, professional trainer, professor, consultant, and therapist in private practice. For over 25 years, through small group, deliberate practice training Dr. Sultanoff has taught therapists *how to do* therapy. He has served as a clinical supervisor and spent 12 years as the clinical director in a psychology training clinic. He has offered more than 300 live continuing education and training workshops. As a complement to the live programs he provides multi-media, online programs which can be accessed through www.myCEmatters.com.

In addition to the workshops in deliberate practice/experiential learning, Dr. Sultanoff offers training in supervision, cognitive therapy, humor in psychotherapy, and emotional intelligence. He is frequently quoted in the media and maintains a humor related web site (www.humormatters.com). Dr. Sultanoff has appeared on The Morning Show (FOX), STARZ, Lifetime and PBS.

**If you are unlicensed, you may be able to get hours towards licensure
with your clinical supervisor's approval! This is a FREE event!**

Please RSVP to Kathleen Wenger at psyprofdev@pepperdine.edu.

This event is sponsored by the M.A. Clinical Training & Professional Development office.