



***Illuminating Relevant Clinical Issues
& Networking with Colleagues***

**“I WANT MY MARRIAGE TO WORK BUT IT’S HOPELESS”
MOTIVATING COUPLES TOWARDS POSITIVE CHANGE**

Partners in long term relationships want nothing more than to have a loving, passionate relationship. However, past hurts, early childhood patterns and lack of role models all lead partners to unintentionally create huge obstacles to having the kind of relationship they crave. Their self-protective behaviors seem to sabotage any chance therapists have of leading these challenging couples to any kind of significant success. This presentation gives the therapist ideas, tools, approaches and techniques to help them lubricate the resistant areas to change in these partners. Todd Creager has discovered what has seemed to work best with challenging couples in his 29 years of doing this work.

Attendees will:

- Learn key points in how to motivate couples to overcome resistance to change.
- Learn how to use specific metaphors which reframe couples problems so that they are more prone to stop blaming and start changing.
- Learn how to use in-office enactments and homework to help partners experience the "felt shift" of growth and maturation.
- Learn how to help clients unlock their limited perceptions of their partner and themselves
- Learn how to help clients have challenging conversations as two adults who can express and listen.
- Learn practical and effective ideas to help promote romance and healthy vibrant sexuality

Friday, February 3, 2012
7:00-9:00 PM, 2nd Floor, Room 233/234
Networking Begins at 8:30 PM
Pepperdine University - Irvine Graduate Campus



Todd Creager is a licensed marriage and family therapist and licensed clinical social worker who specializes in couples with a sub-specialty in sexual issues. He is the author of the highly acclaimed book, "The Long, Hot Marriage" endorsed by such experts as Harville Hendrix and John Gray. He has done numerous trainings for physicians and mental health practitioners on the topics of Hypoactive Sexual Desire and Rekindling Passion in Couples. He has been an expert on a variety of radio and TV shows and most recently was a guest relationship expert on the FOX morning news show in San Diego and Playboy Radio (satellite radio). This year he became an Adjunct Lecturer at his alma mater, the USC School of Social Work, where he taught the 2nd year theory class titled "Human Development and Mental Health in Fall, 2011" He currently is teaching the 1st year Practice class for the Spring, 2012 semester at the Irvine campus of the USC School of Social Work.

**If you are unlicensed, you may be able to get hours towards licensure
with your clinical supervisor's approval! This is a FREE event!**

Please RSVP to Kathleen Wenger at psyprofdev@pepperdine.edu.

This event is sponsored by the M.A. Clinical Training & Professional Development office.