



*Illuminating Relevant Clinical Issues*

## **Equine Assisted Psychotherapy: Incorporating Nontraditional Methods into your Clinical Practice**

Equine Assisted Psychotherapy (EAP) is a type of animal assisted therapy that incorporates horses into the therapeutic process. This nontraditional form of therapy can be a great avenue for many clients struggling with a variety of issues. This workshop will provide an overview of what EAP is, how it works, and how you can integrate the ideology behind EAP into your clinical work.

**Saturday January 22, 2011  
2:00 - 4:00 pm  
Live Demo  
Equine Healing Ranch in Calabasas  
(networking from 3:30 - 4:00)**



**Kim Young, MFTI  
EAGALA**

**Kim Young, MA, MFTI, EAGALA**, is a Marriage and Family Therapist Intern and is certified as an equine specialist and mental health professional through EAGALA, Equine Assisted Growth and Learning Association. Kim received her Master's degree from Pepperdine University's Graduate School of Education & Psychology in 2008 and is currently a MFT Intern at New Beginnings Counseling Center in Camarillo. There she provides therapy for those struggling with issues such as eating disorders, trauma, anxiety, and depression. Her range of experience expands to an inpatient drug and alcohol center, a women's shelter dealing with domestic violence, a community counseling clinic, and children in elementary schools. Kim has an in-depth knowledge of the struggles specific to addictions and the twelve step principles. Her passion and long-term goal is to incorporate equine assisted psychotherapy into her work as a therapist.

**This is a FREE event!**

**Please RSVP to [AliceRichardson@pepperdine.edu](mailto:AliceRichardson@pepperdine.edu) or call (818) 501-1619.  
This event is sponsored by Pepperdine's M.A. Clinical Training &  
Professional Development Office.**