

Agenda and References

Clinical Supervision: Newest Developments in Competency-Based Practice

Schedule

-One hour

Introduction

Regulations for the various disciplines: a quiz

Preliminary vignette and problem-solving

Functions of supervision

Definitions of supervision

Competency and Metacompetency in Supervision

Translating competencies to practice

Knowledge, Skills and Values exercise

-One hour

A competency-based approach

Guidelines for clinical supervision for health service psychologists

ASPPB Regulations for supervision (2015)

Competencies in psychology: state of the art across disciplines--comparisons

Supervisor competencies and self-assessment

Translating competencies into supervision practice—feedback exercise

Consultation, psychotherapy, and mentoring versus supervision

-One hour

Best practice competencies

The learning cycle

The supervisory relationship and the working alliance

- Establishing goals
- Related factors including supervisee disclosure
- Strains and Ruptures
- Repair and Metacommunication
- Supervision Contract

Resolution of conflict and disclosure issues in supervision

- Potential conflict areas
- Strategies of deal with conflict
- Conflict resolution

LUNCH BREAK

-One hour

Diversity Considerations

- Infusion/integration of diversity in supervision
 - Definition
 - Current competency factors
 - Methods to infuse diversity
 - Issues of self-disclosure across supervisee, supervisor, client
- Video vignette and role plays of effective approaches with cultural humility

-One hour

Legal and Ethical considerations

- Ethical codes
- Liability issues
- Multiple relationships
- Era of the internet—dilemmas and ethical decision making models
- Warning signs of risk situations in supervision—problem-solving
- Supervision Contract
- Risk Management
- Analysis of specific legal and ethical issues in practice: case examples
- Problem solving grids particular to training

-One half-hour

Evaluation and Dealing with the supervisee with Problematic Behavior

- Identification of the supervisee with problematic behavior
- Preemption of term “impairment”
- Preventative strategies

Documentation strategies

-One half-hour

Self-Care

- Prevention of supervisor/supervisee burnout
- Self-care strategies and communities of competent caring

Summary, applications to situations, questions

Selected References

(Complete reference list available for presentation)

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