Agenda and References
Clinical Supervision: Newest Developments in Competency-Based Practice

Schedule
- One hour
Introduction
Regulations for the various disciplines: a quiz
Preliminary vignette and problem-solving
Functions of supervision
Definitions of supervision
Competency and Metacompetency in Supervision
Translating competencies to practice
  Knowledge, Skills and Values exercise
- One hour
A competency-based approach
Guidelines for clinical supervision for health service psychologists
ASPPB Regulations for supervision (2015)
Competencies in psychology: state of the art across disciplines—comparisons
Supervisor competencies and self-assessment
Translating competencies into supervision practice—feedback exercise
Consultation, psychotherapy, and mentoring versus supervision
- One hour
Best practice competencies
The learning cycle
  The supervisory relationship and the working alliance
    ➢ Establishing goals
    ➢ Related factors including supervisee disclosure
    ➢ Strains and Ruptures
    ➢ Repair and Metacommunication
    ➢ Supervision Contract
Resolution of conflict and disclosure issues in supervision
  ➢ Potential conflict areas
  ➢ Strategies of deal with conflict
  ➢ Conflict resolution
LUNCH BREAK
- One hour
Diversity Considerations
  ➢ Infusion/integration of diversity in supervision
    ➢ Definition
    ➢ Current competency factors
    ➢ Methods to infuse diversity
    ➢ Issues of self-disclosure across supervisee, supervisor, client
  ➢ Video vignette and role plays of effective approaches with cultural humility
- One hour
Legal and Ethical considerations
➢ Ethical codes
➢ Liability issues
➢ Multiple relationships
➢ Era of the internet—dilemmas and ethical decision making models
➢ Warning signs of risk situations in supervision—problem-solving
➢ Supervision Contract
➢ Risk Management
➢ Analysis of specific legal and ethical issues in practice: case examples
➢ Problem solving grids particular to training

-One half-hour
Evaluation and Dealing with the supervisee with Problematic Behavior
➢ Identification of the supervisee with problematic behavior
➢ Preemption of term “impairment”
➢ Preventative strategies

Documentation strategies
-One half-hour
Self-Care
➢ Prevention of supervisor/supervisee burnout
➢ Self-care strategies and communities of competent caring

Summary, applications to situations, questions

Selected References

(Complete reference list available for presentation)


