



Biennial Conference

*Practices of Healing: Using
Multicultural Psychotherapy to
Confront Symbols of Hate*

Hosted by the
Multicultural Research and Training Lab
Graduate School of Education and Psychology
Psychology Division
Pepperdine University

Saturday, October 11, 2008

Program

Unless otherwise specified, all activities are in Room 203

8:00 a.m. to 8:30 a.m.

Registration and Continental Breakfast Served

8:30 a.m. to 8:40 a.m.

Welcome: Nichole McKenzie, Psy.D. Student
Pepperdine University, Graduate School of Education and Psychology

8:40 a.m. to 8:45 a.m.

Introduction of Keynote Speaker: Ani Pezeshkian, Psy.D. Student
Pepperdine University, Graduate School of Education and Psychology

8:45 a.m. to 9:45 a.m.

Keynote Speaker: Terrence Roberts, Ph.D.
“Navigating the Racial Terrain of America”

9:45 a.m. to 9:55 a.m.

Break

9:55 a.m. to 11:15 a.m.

Panel Presentations with Interactive Discussions
(See Schedule of Panel Presentations for Room)

11:15 a.m. to 11:25 a.m.

Break

11:25 a.m. to 12:45 p.m.

Panel Presentations with Interactive Discussions
(See Schedule of Panel Presentations for Room)

12:45 a.m. to 1:25 p.m.

Sandwich Buffet Lunch

1:25 p.m.

Closing: Shaquita Tillman, Psy.D. Student
Pepperdine University, Graduate School of Education and Psychology

Schedule of Panel Presentations

Session I: 9:55 a.m. to 11:15 a.m.

Panel 1: *Reframing Constructs from a Multicultural Perspective*

Room 334

Presenter: Pernilla Nathan (Pernilla22@yahoo.com)
Affiliation: Pepperdine University, Graduate School of Education and Psychology
Presentation title: *Cultural Diversity in the Expression of and Experience of Positive Well-being*
Abstract: What does it mean to have positive well-being? This question is fundamental in understanding human strengths, resilience, and positive emotions. However, current definitions of well-being are largely shaped by Euro-centric perspectives of happiness. This presentation explores diverse expressions and experiences of positive well-being by taking into account the scholarly literature and the presenter's clinical work with a sample of urban, homeless men.

Presenter: Jime Salcedo (jsalcedo3@ulv.edu)
Affiliation: University of La Verne
Presentation title: *Deconstructing the Concept of Machismo: Exploring Latino Masculinity*
Abstract: The presentation will focus on deconstructing the concept of machismo and expand the discussion to a more all-inclusive discipline of Latino masculinity that includes both positive and negative characteristics. Recommendations for practice will be addressed for conducting psychotherapy with Latino males.

Panel 2: *Self-identification as a Consideration in Psychotherapy*

Room 335

Presenters: Krystle Hays (KrystleHays@aol.com)
Affiliation: Pepperdine University, Graduate School of Education and Psychology
Presentation title: *Biracial Identity Development: Therapeutic Implications of Phenotype and Other Contextual Considerations*
Abstract: This presentation examines the interplay of phenotype, environmental influences, and other sociocultural considerations in the self-construction of biracial (African American and Caucasian) individuals. Consideration will also be given to potential therapeutic issues that may arise for someone who is negotiating the development of a biracial identity.

Presenter: Nazanin Saghafi (Nazysaghafi@aol.com)
Affiliation: Pepperdine University, Graduate School of Education and Psychology
Presentation title: *Intra-cultural Differences among Iranians and Iranian Americans: Acculturation, Acculturative Stress, and Religious Self-identification*
Abstract: Research related to ethnic differences among Iranians is limited. As a result, mental health professionals may be unfamiliar with the diversity of ethnic groups within the Iranian culture. A key consideration that distinguishes the different ethnic groups is religion. This presentation will focus on the different religious self-identifications among Iranians and Iranian Americans and raise questions as to how these identifications may potentially influence the acculturation experience.

Panel 3: Trauma in Diverse Populations

Room 339

Presenter: Michele Archambeault (michele.archambeault@pepperdine.edu)
Affiliation: Pepperdine University, Graduate School of Education and Psychology
Presentation title: *How Women of Color Conceptualize and Cope with Childhood Sexual Abuse*
Abstract: This presentation provides a review of the research that exists on the relationship of culture to the disclosure and nature of child sexual abuse (CSA) and the after-effects of CSA, the mediating potential of culture in regards to the psychological aftermath, and how women of color cope with the abuse. The presentation will also consider how the presenter's own experience interviewing women of color with CSA histories fits or does not fit with what is presented in the literature as well as explore what clinicians may need to consider in working with this clinical population.

Presenter: Shannon Curry Westgaard (ShannonJeanne@gmail.com)
Affiliation: Pepperdine University, Graduate School of Education and Psychology
Presentation title: *The Journal Project: Written Expression of Trauma as Intervention for High School Students in Ayacucho Peru*
Abstract: This presentation examines the results from a study that tested the effectiveness of written expression as a therapeutic intervention for trauma among Peruvian high school students who grew up in Ayacucho during the peak of the Sendero Luminoso's guerilla warfare. Outcome variables included affect and symptoms of depression and somatization.

Session II: 11:25 a.m. to 12:45 p.m.

Panel 4: Compatibility of Cultural Needs with Psychological Services

Room 334

Presenter: Mona Mikael (monamikael@hotmail.com)
Affiliation: Pepperdine University, Graduate School of Education and Psychology
Presentation title: *Getting to Know the Advanced Age: An Often Overlooked Feature of Diversity*
Abstract: The presentation will address the current literature on the advanced age population, which is an aspect of human diversity that is often overlooked. Particular attention will be given to gender, race, and social status inequities experienced by this population as well as how sociocultural considerations influence health and well-being. Recommendations will be offered on what clinicians may need to consider in working with this diverse population.

Co-Presenter: Thao Trinh (thao.trinh@pepperdine.edu)
Affiliation: Pepperdine University, Graduate School of Education and Psychology
Co-Presenter: Anita Liu
Affiliation: Fielding Graduate University, School of Psychology
Presentation title: *The Floortime Method for Children with Autism: Is It a Good Fit with the Needs and Expectations of Asian American Families?*
Abstract: Floortime method is one of the common forms of treatment for children diagnosed with an Autism Spectrum Disorder (ASD). But based on the cultural attitudes, expectations, and needs of Asian/Asian American families, this presentation raises questions about the compatibility of the this particular intervention in working with Asian/Asian American families seeking treatment for their children with ASD.

Panel 5: *Addressing Culturally Competent Practices in Clinical Settings*

Room 335

Presenter: Erin Gabrielson (eringabrielson@hotmail.com)
Affiliation: Pepperdine University, Graduate School of Education and Psychology
Presentation title: *Serving Limited English Proficient Clients: Collaboration Between Mental Health Providers and Interpreters*
Abstract: This presentation addresses work with limited English proficient (LEP) clients and interpreters in mental health care settings. The growing LEP population in the United States has unique mental health needs and barriers in accessing services of which clinicians need to be aware. This presentation will provide practical information related to work with both LEP clients and interpreter.

Presenter: Rogelio Serrano (rogelio_serrano@sbcglobal.net)
Affiliation: Pepperdine University, Graduate School of Education and Psychology
Presentation title: *Establishing Rapport with Mexican American Men*
Abstract: The presentation will focus on techniques to overcome common barriers to clinical engagement of Mexican American men in psychological treatment. By combining social, psychological, and systemic principles with current research findings, clinicians can improve their effective engagement of Mexican American men and build effective clinical treatment strategies.

Panel 6: *Multicultural Considerations in Clinical Training*

Room 339

Presenter: Sally Chung (salzchung@apu.edu), Jennifer Costillo (jcostillo@apu.edu), Jason Edgar (jedgar@apu.edu), and Brenda Chiu (brendachiu@apu.edu)
Affiliation: Azusa Pacific University
Presentation title: *Confronting Self, Confronting Hate*
Abstract: Four ethnically diverse students will demonstrate and advocate that one is only able to fully engage in multicultural psychotherapy by developing an understanding of one's own cultural narrative. This understanding can be facilitated through a four-step group process involving recognition, collaborative processing, comprehension, and implementation within the therapeutic space.

Presenter: Lionel Lee (lionel.lee@gmail.com)
Affiliation: Pepperdine University, Graduate School of Education and Psychology
Presentation title: *Promoting Multicultural Issues in Clinical Supervision*
Abstract: Despite the centrality of clinical supervision on client conceptualization and treatment, discussion of multicultural issues in the supervisory relationship remains tenuous. Given the rise of training in empirically-based treatments that are seldom examined for applicability to minority populations, potential risks of this trend will be highlighted and recommendations provided.

Acknowledgements

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- ❖ Margaret Weber, Ph.D., Dean, Graduate School of Education and Psychology, Pepperdine University
- ❖ Robert de Mayo, Ph.D., Associate Dean, Psychology Division, Graduate School of Education and Psychology, Pepperdine University

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- Michael Neils, Senior Advancement Officer

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