

Services Offered

Our clinical services are available in individual, couple, family and group therapy settings both in English and Spanish via Zoom HealthCare or in person. Our services are aimed to address a variety of psychosocial challenges, such as:

- Marital and relationship dynamics
- Socioemotional challenges of children and adolescents
- Infant/Child/Teen - Caregivers relationship distress
- Emotional regulation
- Acculturative stress
- Self-empowerment
- Grief and loss resolution
- Stress and lifestyle management
- Phases of life adjustment



Our Mission

Our mission is to improve the quality of life for children, adolescents, adults, couples, and families from culturally diverse communities by providing psychological services founded on the highest standards of professional and ethical conduct. We are committed to providing affordable, high-quality, individualized, counseling within a supportive and accepting environment.

Our Values

We strive to provide services that are trauma-informed, culturally affirmative, and resilience-based. Additionally, our approach to psychological services centers critical consciousness, intersectionality and social justice.



Pepperdine University Community Counseling Center

Orange County



Counseling Team

At our center, you will receive support and guidance from psychotherapists who adhere to the highest standards of professional conduct. All of our psychotherapists are current Pepperdine University students working on their Masters (Marriage and Family Therapy) or Doctoral (PsyD Clinical Psychology) degree, and are supervised by licensed mental health professionals.

Training

We provide practicum placement and supervision for graduate students in the MFT and PsyD program in the Graduate School of Education and Psychology (GSEP.)

We offer community-based workshops and consultation to first responders, professionals and the community at large to equip them with tools to promote wellbeing on topics such as:

- Trauma Informed Care
- Secondary Traumatic Stress and Post-Traumatic growth
- Mental Health Needs of Latinx Migrants
- Mental Health Risk Factors among Families in the Foster Care System

Contact Us



(949) 223-2570



occlin@pepperdine.edu



<https://gsep.pepperdine.edu>



18111 Von Karman Ave
Irvine, CA 92612



Teresa Celada-Dalton, Ph. D.
Counseling Center Director



Other Pepperdine Counseling Center Locations

West Los Angeles Graduate Campus

6100 Center Drive, Suite 216
(818) 501-1678
Aaron Aviera, Ph.D., Director

Calabasas Graduate Campus (Telehealth only)

26750 Agoura Road, #114B
(818) 720-1099
Anat Cohen, Ph.D, Director



Hours

Monday-Friday 9am-7pm
Closed for National holidays and academic breaks.

Fees

We operate on a fee-for-service sliding scale from \$25-\$95 per session based on annual income and number of dependants.

Appointments

To make an appointment or inquire further about services, please call us at 949-223-2570.

